

# Women Living With Mobility Impairments Needed As Volunteers for Research Study

DO YOU HAVE TROUBLE MANAGING STRESS AND MAINTAINING A HEALTHY WEIGHT STATUS? YOU MAY BE ELIGIBLE FOR A 12 WEEK STUDY. YOU WILL HAVE THE OPPORTUNITY TO ENGAGE IN ACTIVITIES DESIGNED TO REDUCE STRESS AND INSPIRE HEALTHY BEHAVIORS. INVOLVEMENT CONSISTS OF 5 ONLINE ZOOM CALLS.

## YOU MAY QUALIFY IF YOU

- ARE BETWEEN 35 AND 64 YEARS OF AGE
- ARE A WOMAN
- HAVE A WORKING PHONE AND COMPUTER WITH INTERNET ACCESS
- HAVE A MOBILITY IMPAIRMENT FOR AT LEAST 1 YEAR THAT REQUIRES AN ASSISTIVE DEVICE
- ARE AN ENGLISH SPEAKER

## POTENTIAL BENEFITS

- PARTICIPATING IN THIS STUDY MAY IMPROVE STRESS AND CONTROL WEIGHT GAIN
- CAN RECEIVE \$145 FOR COMPLETING STUDY
- PARTICIPATION IS VOLUNTARY AND FREE OF CHARGE

**For more information**  
**Please contact Robert Santana at**  
**602-496-2558**



Beautiful bouquet [https://www.freepik.com/free-photo/beautiful-bouquet-tulips-spring-season\\_124622.html#query=flowers&from\\_view=detail&from\\_view=search](https://www.freepik.com/free-photo/beautiful-bouquet-tulips-spring-season_124622.html#query=flowers&from_view=detail&from_view=search)

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